



High  
Performance  
Learning



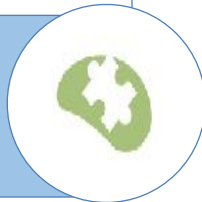
# Meta-Thinking Intellectual Confidence

# Meta Thinking



- Meta-cognition
- Self-regulation
- Strategy planning
- Intellectual confidence

Meta-  
thinking



- **Meta-cognition** – knowingly using a wide range of thinking approaches
- **Self-Regulation** – the ability to monitor, evaluate and self-correct
- **Strategy Planning** – thinking ahead about an appropriate way to tackle a task
- **Intellectual confidence** – ability to express personal view based on knowledge

# **Activity**

## **Intellectual Confidence**

The ability to articulate personal views  
based on evidence

# University Interview Question

## Activity:

- Think about this question on your own and come up with an answer in your mind
- One at a time present your idea to the group and defend it from challenges.
- How did you arrive at your answer?
- How did you feel about presenting and defending it?

How would you move Mount Fuji?



# **Activity**

# **Intellectual Confidence**

Review the following statements.  
How well does the school provide opportunities for developing intellectual confidence through lesson/  
classroom activities?

# Developing Intellectual Confidence

To build intellectual confidence students need to have multiple opportunities to give individual opinions and be asked to defend them.

- Oracy in the classroom is the first step to intellectual confidence.
- All students engage with activities not just those who present as more generally confident.
- Students need to share ideas in small groups, whole class and with larger audiences.
- Students need to become accustomed to having their ideas challenged without becoming defensive.
- Students need to be confident enough to abandon or adapt their ideas as a result of discussion or persuade and negotiate their opinions.
- Intellectual confidence is promoted through enrichment/co-curricular activities.

# Jigsaw activity!

- ❖ On your own think about what you do and could do to promote intellectual confidence – refine to your best three ideas.
- ❖ Get up and move round room and find a partner (someone you haven't worked with today – share each other's ideas and agree on a top three between you from your joint list
- ❖ As a pair move around the room to find another pair (people you haven't worked with today) and share your ideas one more.